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Summary of Learning Outcomes
First Aid at Work (FAW 3-Day)



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SUMMARY OF LEARNING OUTCOMES FOR FIRST AID AT WORK

1. Summary of Learning Outcomes:

1.1 The Role and Responsibility of a First Aider

1.1.1 Candidates must understand the roles and responsibilities of a first aider by being able to:

1.1.1.1 Identify the role and responsibilities of a first aider

1.1.1.2 Describe how to minimise the risk of infection to self and others

1.1.1.3 Describe how to complete an incident report form

1.1.1.4 Identify the first aid equipment available and describe how it can be used safely

1.2 Assessing an Incident

1.2.1 Candidates must understand how to assess an incident by being able to:

1.2.1.1 Describe how to conduct a scene survey

1.2.1.2 Describe how to make a primary survey of a casualty

1.2.1.3 Identify when and how to call for help

1.3 Managing an Unresponsive Casualty who is Breathing Normally

1.3.1 Candidates must know how to manage an unresponsive casualty who is breathing normally by being able to:

1.3.1.1 Demonstrate how to assess a casualty's level of consciousness

1.3.1.2 Demonstrate how to open a casualty's airway and check breathing

1.3.1.3 Demonstrate how to place an unconscious casualty into the recovery position that maintains an open airway and explain why it is important

1.3.1.4 Describe how to treat a casualty who is in seizure

1.4 Managing an Unresponsive Casualty who is not Breathing Normally

1.4.1 Candidates must know how to manage an unresponsive casualty who is not breathing normally by being able to:



1.4.1.1 Demonstrate how to administer effective Cardio Pulmonary Resuscitation using a manikin

1.5 Recognise and Assist a Casualty who is Choking

1.5.1 Candidates must be able to recognise and assist a casualty who is choking by being able to:

1.5.1.1 Describe how to identify a casualty with a partially and completely blocked airway obstruction

1.5.1.2 Demonstrate how to treat a casualty who is choking

1.6 Managing a Casualty who is Wounded and Bleeding

1.6.1 Candidates must know how to manage a casualty who is wounded and bleeding by being able to:

1.6.1.1 Demonstrate how to control severe external bleeding

1.7 Managing a Casualty who is in Shock

1.7.1 Candidates must know how to manage a casualty who is in shock by being able to:

1.7.1.1 Describe signs and symptoms of shock

1.7.1.2 Demonstrate how to manage a casualty who is in shock

1.8 Managing a Casualty with a Minor Injury

1.8.1 Candidates must understand how to manage a casualty with a minor injury by being able to:

1.8.1.1 Describe how to manage a casualty with:

(a) Small cuts, grazes and bruises

(b) Minor burns and scalds

(c) Small splinters

1.9 Administer First Aid for a range of conditions

1.9.1 Candidates must be able to manage a casualty for a range of conditions, including:

(a) Injuries to bones, muscles and joints, including suspected spinal injuries



- (b) Chest injuries
- (c) Burns and scalds
- (d) Eye injuries
- (e) Sudden poisoning
- (f) Anaphylactic shock

1.10 Managing a Casualty for a range of major illnesses

1.10.1 Candidates must be able to manage a casualty for a range of major illnesses, including:

- (a) Heart attack
- (b) Stroke
- (c) Asthma
- (d) Diabetes